coachathon

In partnership with

ICF United Kingdom Charter Chapter

"We participated in the Coachathon and have received fantastic feedback about the impact it has had on individuals – light bulb moments, happy tears, greater clarity, empowering, practical tools and renewed focus are all words used by participants. Can't wait to get involved again!"
- Hitachi Energy UK & IE

An affordable way to access one-on-one coaching on a wide scale

Last year, hundreds professional coaches joined forces for a 24-hour coaching marathon. From the UK to Thailand, to the UAE to USA, over 500 coaching sessions took place and we came together to raise over $30,000 USD for MicroLoan Foundation.

Give the gift of coaching for members of your team. At just $60 USD per session access one-to-one coaching with an expert coach of their choice.

1 Step 1: How many tickets would you like to purchase (minimum 10)? Let our team know - you can reach the Coachathon team at contact@mlf.org.uk

2 Step 2: We will confirm your payment options to make your donation.

3 Step 3: You will receive your internal communications package, including step-by-step instructions for your team to choose their coach and book their sessions.

4 Step 4: In September, each of your team members will browse the Coachathon website to book their coaching session with a coach of their choice. They will have 11 coaching categories to choose from:

Leadership	**Career**	**Life**
• Executive	• Career transition	• Confidence
• People leaders	• Career development	• Resilience
• Business	• Public speaking	• Mindfulness
	• Career confidence	• Fitness & Nutrition

5 Step 5: All coaching sessions will take place on Wednesday 9th October 2024. Your team members will liaise with their chosen coach to confirm a time slot that suits.

Previous corporate Coachathon participants

ASDA | hhfm Heron House Financial Management Ltd | CyberIAM | Ingredion | VISA | THE LANGUAGE FACTORY | amey | Nichols plc | Sir Robert McAlpine | COTSWOLD COUNTRY CO INTERIORS

LEXICON BANK | Electrolux | Dŵr Cymru Welsh Water | Goodwille | ncino | ST. JAMES'S PLACE WEALTH MANAGEMENT | ALLEN & OVERY | finnCap | EVERI | RELX | HITACHI

MicroLoan Foundation supports women facing poverty in sub-Saharan Africa with mentoring, training and small loans to build their own businesses. With a sustainable income, these inspiring mothers and entrepreneurs can afford nutritious food, healthcare, and education for their families.